

2019 Grade 6 Lesson Outline

Rights, Respect, Responsibility

A K-12 Sexuality Education Curriculum from Advocates for Youth

The following lessons have been selected specifically for 6th graders in the Boston Public Schools. Topics include: puberty and reproductive anatomy, effective communication, sexual orientation, relationships, decision making, and accessing reliable information. Each lesson is 50 minutes in length.

Grade 6		
No.	Lesson Name	Learning Objectives
1	Introduction to 3Rs Curriculum	<ol style="list-style-type: none">1. Identify Ground Rules and expectations of the Rights, Respect, Responsibility curriculum.2. Understand the overarching content and lesson sequence of the curriculum.3. Demonstrate a respect for differences and personal values.
2	6.5 More Than Friends: Understanding Romantic Relationships*	<ol style="list-style-type: none">1. Describe at least two characteristics of a friendship and two characteristics of a romantic relationship.2. Identify at least two similarities and two differences between friendships and romantic relationships.
3	6.1 Change is Good!	<ol style="list-style-type: none">1. Name at least one physical, social, cognitive, and emotional change during adolescence.2. Identify a minimum of two websites that contain medically accurate information for adolescents.
4	5.1 Sexual and Reproductive Anatomy	<ol style="list-style-type: none">1. Identify at least two parts of the male reproductive system and two parts of the female reproductive system.2. Describe the functions of two male and two female reproductive parts.3. Identify one medically accurate source for information about reproductive anatomy.
5	6.2 Gender Roles, Gender Expectations	<ol style="list-style-type: none">1. Name at least two characteristics that are stereotypically attached to boys, and two that are stereotypically attached to girls.2. Describe their own feelings about behaviors being ascribed to a particular gender.

6	6.3 Understanding Boundaries	<ol style="list-style-type: none"> 1. Define what a boundary is, with an emphasis on personal boundaries. 2. Demonstrate how to be clear about one's own and show respect for others' boundaries. 3. Demonstrate an understanding that no one has the right to violate someone else's boundaries, and that doing so may be against the law. 4. Name at least one resource to whom they can report sexual assault or rape.
7	6.4 Communicating About a Sensitive Topic	<ol style="list-style-type: none"> 1. Define passive, assertive, and aggressive communication. 2. Demonstrate an understanding of how to use assertive communication in sexual decision-making.
8	5.4 What is Love Anyway?	<ol style="list-style-type: none"> 1. Describe the difference between liking and loving. 2. Define sexual orientation. 3. Demonstrate that students have a trusted adult to discuss sexuality-related topics.
9	6.7 Being a Sex Ed Sleuth	<ol style="list-style-type: none"> 1. Name at least two characteristics of accurate and reliable websites for sexual health and sexuality. 2. Gain a better understanding of how to determine a website is age-appropriate, medically accurate, and youth-positive.